

Master Addiction Counselor Practice Test Questions and Answers

1. According to the biopsychosocial model of addiction, which factors contribute to substance use disorders?

- A) Biological factors only
- B) Psychological and social factors only
- C) Biological, psychological, and social factors
- D) Environmental factors only

2. What is the primary therapeutic approach in Cognitive-Behavioral Therapy (CBT) for addiction?

- A) Exploring childhood trauma
- B) Identifying and changing thought patterns and behaviors
- C) Medication management
- D) Family systems therapy

3. Which assessment tool is commonly used to evaluate the severity of alcohol use disorder?

- A) CAGE questionnaire
- B) Minnesota Multiphasic Personality Inventory (MMPI)
- C) Beck Depression Inventory
- D) Addiction Severity Index (ASI)

4. In motivational interviewing, what does the acronym OARS represent?

- A) Observe, Assess, Respond, Summarize
- B) Open questions, Affirmations, Reflections, Summaries
- C) Organize, Analyze, Reflect, Support
- D) Outline, Agree, Review, Strengthen

Answers: 1-C 2-B 3-D 4-B

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